

**Mental Health Resource Guide**  
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Hotlines

- National Suicide and Crisis Lifeline
  - Call or text 988 or 1-800-273-8255
- 211
  - A hotline that helps through talking through problems, locating long-term mental health treatments, and exploring different mental health treatment options. There are local options for those who prefer text, use web chat, or want to search for resources online.
- Veterans Crisis Line
  - Call 1-800-273-8255 and press 1 or text 838255
- Crisis Text Line
  - Text the word 'HOME' to 741-741
- The Trevor Lifeline for LGBTQIA2S+ Youth
  - Call 1-866-488-7386
- The Trans Lifeline
  - Call 1-877-565-8860
- National Domestic Violence Support
  - 1-800-799-7233
- National Human Trafficking Hotline
  - 1-888-373-7888 or text 'HELP' to 233-733
- National Sexual Assault Hotline
  - 1-800-656-4673

## Certified Community Behavioral Health Clinics

- CCBHCs provide mental health and substance use disorder services for individuals regardless of pay sources or ability to pay.
- Northcare: Oklahoma City
  - 2617 General Pershing Boulevard, Oklahoma City, OK 73107
  - (405) 858-1700
- Green Country Behavioral Health Services: Checotah
  - 422 W Gentry, Checotah, OK 74426
  - (918) 682-8407
- Red Rock Behavioral Health Services: CMHC- Kingfisher
  - 107 N Main Street, Kingfisher, OK 73105
  - (405) 425-7711
- Grand Lake Mental Health Center: Afton Clinic
  - E-Referral Available
  - 114 W Delaware Avenue, Nowata, OK 74048
  - (918) 273-1841
- Grand Lake Mental Health Center: Grove Clinic
  - 1115 Harber Road, Grove, OK 74048
  - (918) 273-1841
- Grand Lake Mental Health Center: Kansas, OK Clinic
  - 211 N. Hwy. 10, Kansas, OK 74347
  - (918) 273-1841
- Grand Lake Mental Health Center: Nowata Clinic

- Telehealth Available
  - 114 W Delaware Avenue, Nowata, OK 74048
  - (918) 273-1841
- Lighthouse Behavioral Wellness Centers: Pauls Valley
  - E-Referral Available
  - 109 S Willow Street, Pauls Valley, OK 73402
  - (580) 319-7305
- Lighthouse Behavioral Wellness Centers: Seminole
  - E-Referral Available
  - 2010 Boren Boulevard, Seminole, OK 73402
  - (580) 319-7305
- Lighthouse Behavioral Wellness Centers: Tishomingo
  - E-Referral Available
  - 108 W Main Street, Tishomingo, OK 73402
  - (580) 319-7305
- Lighthouse Behavioral Wellness Centers: Ada
  - E-Referral Available
  - 301 W 4th Street, Ada, OK 73402
  - (580) 436-2690
- CREOKS Mental Health Services: Outpatient Mental Health- Wagoner
  - Telehealth and E-Referral Available
  - 109 S Harrill Avenue, Wagoner, OK 74467
  - (918) 756-9411

- Green Country Behavioral Health Services: Muskogee
  - Telehealth and E-Referral Available
  - 1320 Mill Street, Muskogee, OK 74401
  - (918) 682-8407
- Red Rock Behavioral Health Services: Elk City
  - Telehealth Available
  - 3080 W 3Rd Street, Elk City, OK 73644
  - (405) 424-7711
- Red Rock Behavioral Health Services: El Reno/ Canadian County
  - Telehealth Available
  - 7777 E Highway 66, El Reno, OK 73036
  - (405) 424-7711
- Red Rock Behavioral Health Services: Hobart
  - Telehealth Available
  - 216 S Main Street, Hobart, OK 73651
  - (405) 424-7711
- Carl Albert CMHC: Hugo
  - Telehealth Available
  - 601 E Jackson Street, Hugo, OK 74502
  - (918) 426-7800
- Carl Albert CMHC: Stigler- Substance Abuse
  - 1407 Ne D Street, Stigler, OK 74462
  - (918) 967-8491

- Lighthouse Behavioral Wellness Centers: Durant
  - E-Referral Available
  - 2425 W University Boulevard, Durant, OK 73402
  - (580) 319-7305
- Carl Albert CMHC: Holdenville- Substance Abuse
  - Telehealth Available
  - 117 Rogers Drive, Holdenville, OK 74848
  - (405) 379-6668
- Carl Albert CMHC: Idabel- Substance Abuse
  - 2000 E Lincoln Boulevard, Idabel, OK 74745
  - (580) 286-6639
- Carl Albert CMHC: McAlester- Substance Abuse
  - Telehealth Available
  - 1101 E Monroe Avenue, McAlester, OK 74501
  - (918) 426-7800
- Red Rock Behavioral Health Services: Chickasha
  - Telehealth and E-Referral Available
  - 804 W Choctaw Avenue, Chickasha, OK 73018
  - (405) 222-0622
- Family and Children's Services Behavioral Health Clinic: Tulsa
  - Telehealth and E-Referral Available
  - 5310 E 31st Street, Tulsa, OK 74135
  - (918) 587-9471

## Stillwater Resources

- Payne County Youth Services and Shelter
  - 8-21 years old
  - 2224 W 12th St., Stillwater, OK 74074
  - (405) 377-3380
- Grand Lake Mental Health Center
  - 604 S Walnut, Stillwater, OK 74074
  - (405) 372-2202
- Creoks Mental Health Center
  - 421 E Thomas, Stillwater, OK 74074
  - (405) 372-7791
- OSU Center for Family Services
  - Human Sciences, OSU
  - (405) 744-5058
- OSU Psychological Services
  - Psychology Building
  - (405) 744-5957
- Stillwater Interfaith Counseling
  - 807 S Pine, Stillwater, OK 74074
  - (405) 624-5850

## Inpatient Mental Health Clinics

- Laureate Psychiatric Clinic and Hospital: Inpatient Mental Health

- 6655 S Yale Avenue, Tulsa, OK 74136
  - (918) 481-4000
- Alliance Health Medical Group: Midwest- Behavioral Health
  - 2825 Parklawn Drive, Oklahoma City, OK 73110
  - (405) 312-1782
- Cedar Ridge at Bethany- Adults and Seniors
  - 7600 Nw 23Rd Street, Bethany, OK 73008
  - (405) 792-5343
- Integris Mental Health Center: Spencer
  - 2601 Spencer Road, Spencer, OK 73084
  - (405) 427-2441
- Great Plains Regional Medical Center
  - 1801 W 3Rd Street, Elk City, OK 73644
  - (580) 821-5565
- Griffin Memorial Hospital
  - 900 E Main Street, Norman, OK 73070
  - (405) 321-4880
- Red River Youth Academy
  - 3400 Deskin Drive, Norman, OK 73069
  - (405) 701-8530

#### Eating Disorder Treatment Facilities

- Integris Baptist Medical Center: Decision MH and Addiction Recovery
  - 3525 Nw 56th Street, Oklahoma City, OK 73112

- (405) 717-9840
  - Open 24/7
- Living Hope Eating Disorder Treatment Center: Intensive Outpatient
  - 909 26th Avenue Nw, Norman, OK 73069
  - (405) 801-2323
- Living Hope Eating Disorder Treatment Center: Residential
  - 3900 E Robinson Street, Norman, OK 73069
  - (405) 801-2323
- Nourished
  - 10400 N Vineyard Boulevard, Oklahoma City, OK 73120
  - (405) 550-2899
- Laureate Psychiatric Clinic and Hospital: Inpatient Mental Health
  - 6655 S Yale Avenue, Tulsa, OK 74136
  - 800-322-5173

**Tribal Behavioral Health Directory Website:**

<https://oklahoma.gov/content/dam/ok/en/oja/documents/2018%20Tribal%20Behavioral%20Health%20Directory%202.pdf>